

## **STÓ:LŌ SIGNAL PODCAST NOTES**

### **Episode 5 – What Does Self-Government Mean to Me?**

What does it mean to be a sovereign nation and how does that translate into governance? In this episode we explore ideas of nationhood and how our Shxwelméxwelh/Constitution, a document (that our communities will be voting on in November) that describes our ancient beliefs in a modern way, is an essential part of our path to self-government. We also hear our chiefs discuss their visits to far-flung Indigenous communities who are leading the way.

**Guests: Mae'xe Chief Alice Thompson of Leq'á:mel and Weli'leq Chief Derek Epp of Ch'iyáqtel/Tzeachten**

**Miles Richardson** – Nationhood Keynote speech Multi-Community Governance Forum, BC Treaty Commission, March 3, 2016

<https://www.youtube.com/watch?v=E-ZbMezoojQ>

**Steven Point** – Nationhood Keynote speech Multi-Community Governance Forum, BC Treaty Commission, March 4, 2016

<https://www.youtube.com/watch?v=QYCyO-Up1qk>

**Grand Chief Joe Hall** – SXTA Governance and Treaty Video (created in 2016)

<https://www.youtube.com/watch?v=41NDfD7mO8w>

#### **Nunutsiavut links**

Nunatsiavut Government Website

<https://www.nunatsiavut.com/>

Article in the Walrus Magazine: Could Nunatsiavut be a Model for Reconciliation?

<https://thewalrus.ca/could-nunatsiavut-be-a-model-for-reconciliation/>

#### **Maa'nulth links**

<https://www2.gov.bc.ca/gov/content/environment/natural-resource-stewardship/consulting-with-first-nations/first-nations-negotiations/first-nations-a-z-listing/maa-nulth-first-nations>

Check out the [Treaty Success Stories](#) section of our website for more about Maa'nulth, Tsawwassen and Tla'amin.

#### **Credits:**

The theme song for Stó:lō Signal is "Oh No" by Apt Exact feat. Tommy iGuess

Beat is Produced by: Magic Touch Mixed and Mastered by: Nigel Lokeynote Berringer

Check out the video: <https://youtu.be/0QCFxCcXTVc>

**Stó:lō Signal Podcast Producer: Heather Ramsay**